



Newsletter

Fall 2022

Dear Sheltie Rescue Friends,

The pandemic sure changed the scope of NCSR's rescue intakes. So far this calendar year, we've taken in only eight Shelties, with an average age of 7.9 years. Of the eight, four went into our Special Needs program. Teddy, Boomer, Bonnie and Buddy continue to be well in their long-term foster homes.

We had a fantastic Sheltie Celebration and Picnic in May at Performance Dogs in Action (North Sacramento). As always, we were thrilled to see you with your beautiful dogs. Your generous donations to our truly wonderful raffle were deeply appreciated. The camaraderie created by our mutual love for this special breed was great and we thank Nola for allowing us to use her beautiful property for this annual event.

This summer the Board, (Terry, Liliane, and I) and Core Volunteer (Kathie), have been talking about how to ensure the ongoing viability of NorCal Sheltie Rescue as some of us age out. Next year we will celebrate 20 years in operation, after I first rescued a gorgeous little guy I named Walker. **Since March of 2003, NCSR has helped 752 Shelties.** We realize that more volunteers will be needed to fill our shoes. We have been in touch with many of you already, based on your contributions in the past, but we are also encouraging more volunteers to reach out to us to discuss where you might be of help as we move forward.

Our newsletter editor, and Board of Directors' President, Terry Gary, (who also wears the "Intake Coordinator" hat), has once again done a wonderful job with this issue. There are lots of gorgeous Sheltie photos as well as informative and interesting articles. I hope you enjoy it as much as I did.

Thank you for your ongoing support of our efforts. We have the best rescue supporters around!

Warm regards,
Gale Ann



Nor Cal Sheltie Rescue, Inc.

Board of Directors

Terry Gary, President

tgarycool@gmail.com

Liliane Morin, Secretary

morinlil@aol.com

Gale Ann Morris, Treasurer

sheltieroses@outlook.com

www.norcalsheltierescue.org

1-888-296-9350 message line



Prince
Christmas 2007

Great Dogs

Great dogs are not often easy dogs. They have big egos, idiosyncrasies, quirks, and foibles. Dogs of a lifetime do exist, but only for handlers so skillful, tactful, and courageous that they can unlock and reveal the brilliance of their canine partners.

Things Dog Handlers Say

P.S.: Thanks to our many fosters/adopters/handlers for understanding and respecting our beloved Shelties!

NorCal Sheltie Rescue Annual Celebration

This year our annual rescue celebration was held on May 14. The weather was perfect and we had many Sheltie friends enjoying the day with their dogs. Kathie and Liliane prepared a creative and showy raffle, as usual, which generated additional funding for our veterinary expenses. Nola conducted herding instinct testing for those wishing to participate. Most Shelties frolicked and barked with their companions in the enclosed play area. The celebration always reinvigorates our rescue team, as we greet our fellow volunteers and new adopters and have the opportunity to thank them for all their good work.

We hope you can join us next year. The celebration usually occurs on the Saturday after Mother's Day, which in 2023 falls on **May 20**. Stay tuned for confirmation of that date and specific details about the day.



Sheltie friends after play time



Herding instinct testing



Raffle to support veterinary care

Living with a Very Old Dog

Living with a very old dog means feeling your heart speeding up every time you see them a little more still than usual and approaching with the fear that they have stopped breathing.

Living with a very old dog means being aware that some of the things you'll do together may be the last.

Living with a very old dog means thinking "this is their last summer", "this is their last July", "This could be the last morning".

Living with a very old dog means they bark at any noise at any time, not because they know what they are barking at, it's they feel they need to bark and let us know.

Living with a very old dog means, you have to lift them up into the truck, the bed, the couch, the stairs.

Living with a very old dog means putting off commitments because it's important to be close to them.

Living with an old dog means we trip over them because they are so sound asleep they don't hear us approaching.

Living with an old dog means accidents in the house. It's ok; they don't mean to do it.

Living with a very old dog means feeling guilty because you know you could have done more, giving them more runs, more travel, more hugs, more caresses, more everything.

I would like to say that living with a very old dog also puts us in the face of our own death, fragility, vulnerability.

Living with a very old dog means we got to experience life with a very old dog, which is one of the best joys on earth!



Charlie

Analese Starfe

Adopted



Sammy

Adopted by Stephen



Jasper

Adopted by Siyi



Gigi

Adopted by Luz & Bob

Stevie's Story

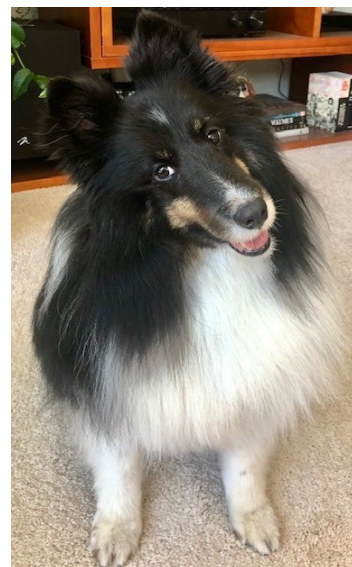
In April, Stevie came into our lives because she had just lost her human. She was a shy, quiet, hesitant, somewhat detached, yet well-behaved, (and trained!) 8-year-old tricolor. Three months later, her personality has blossomed! Wherever she goes, people ooh and aah and can't resist petting her. On one of our morning walks, a woman across the street shouted "beautiful," and it wasn't for us! **She's so liked by others and loved by us that she has a new Japanese name, Suki, which means "liked" or "loved."**

Who knew Suki would love to retrieve frisbees and balls! When you least expect it, you'll find a trail of shoes and socks around the house, though never chewed. Her favorite activities are swimming, walking, herding water hoses, pouncing on the vacuum, and loudly announcing visitors at the door. Because she's friendly and calm with humans and loves meeting new dogs, Suki gets an A+ in social skills. Often, we find her cuddled cat-like in a small space watching where we are. But best of all, Suki constantly expresses her love in all the ways a dog will.

Thank you all at NorCal Sheltie Rescue-you're the best.

Flo & Celeste

Note: Stevie/Suki came into our program grossly overweight. Flo and Celeste have worked diligently to establish a weight-loss program and an active lifestyle for her, with wonderful results.



Suki

Adopted by Flo & Celeste





REACTIVITY MISUNDERSTOOD

WHAT REACTIVE DOGS ARE
REALLY TRYING TO SAY
REACTIVE DOGS ARE STRUGGLING
TO COPE IN A SITUATION

THE MOST COMMON CAUSE
OF REACTIVITY IS FEAR

PROTECTING A RESOURCE / TERRITORY / PAIN / MEDICAL
CONDITIONS MAY ALSO CAUSE REACTIVITY

REACTIVITY MEANS

- I'm not coping with this situation
- I'm feeling nervous / anxious / scared
- I want the scary thing to go away
- I need help to get out of this situation
- I need more space / distance
- I don't know what else to do
- I have pain / I'm sore / irritable

IT DOES **NOT** MEAN

- I am aggressive / dominant / the alpha
- I am in control
- I'm a bad dog & need to be punished
- I'm stubborn & don't listen
- I won't obey / respect you
- I'm manipulating this situation
- I will get over it

HELP YOUR DOG TO COPE BY TAKING NOTE OF WHAT TRIGGERS
REACTIVITY SO YOU CAN WORK ON HELPING THEM TO CREATE
DISTANCE & RESPOND IN A DIFFERENT WAY *Dogs Disclosed*

THE YELLOW DOG PROJECT.com

If you see a dog with a **YELLOW RIBBON** or something yellow on the leash, **this is a dog who needs some space**. Please do not approach this dog with your dog. Please maintain distance or give this dog and his/her person time to move out of your way.



There are many reasons why a dog may need space:
HEALTH ISSUES
IN TRAINING
BEING REHABILITATED
SCARED OR REACTIVE AROUND OTHER DOGS

THANK YOU!

Those of us who own these dogs
appreciate your help and respect!



Update on Teddy

You may remember Teddy from our spring newsletter. He came into our Special Needs program last year as a puppy, due to his serious heart condition. His foster mom Nancy says he has shown no heart issues yet and he's full of energy. He's a big boy at 35 pounds and thinks he's a lap dog. He's lovable but a little devil disguised by an adorable face. Many thanks to Nancy for opening her home and heart to this special Sheltie.

Teddy on his
first birthday



Special Needs Program

As most of you know by now, NorCal Sheltie Rescue devotes a portion of its veterinary funds to Shelties that require extensive medical care and attention. We are very proud of this program because we accept virtually all Shelties into our care, regardless of the expense. You've seen in several previous newsletters that we've had quite a few dogs in our special needs program; most of these dogs are seniors with medical issues. Many of our applicants are reluctant to adopt a dog with a shortened life span, but we are fortunate to have a few volunteers who are happy to open their homes to a "medically challenged" or senior dog. They often comment on how sweet their temperaments are and how they seem almost grateful to spend their golden years in such wonderful homes.

Boomer is our latest addition. After his owner died, Boomer went to live with his daughter; however, he was bullied and tormented by one of the resident dogs and he became increasingly anxious. With the assistance of NorCal Collie Rescue, we were able to find him a great home in the same rural neighborhood. He's 12 years old, on medication and a prescription diet for liver issues, and has recently experienced some seizures. Otherwise, he is thriving. Foster mom Paula describes him as a sweetheart.

If you'd like to support our special needs program and earmark your donation for Boomer, we'd be grateful. He's adapted well in his new home, thanks to Paula's loving care, and he's made peace with the resident cats.



Another Way to Support Sheltie Rescue

More seniors are considering the advantage of Qualified Charitable Distributions from their Individual Retirement Accounts (IRAs). These direct transfers from IRAs to charities can help you accomplish the generosity of charitable gifts as well as tax-smart financial planning.

A qualified Charitable Distribution "QCD" can give you both the larger federal standard deduction and the tax benefit of giving to a charity. The QCD is available only to IRA owner and IRA beneficiaries who are 70.5 or older, who are generally subject to required minimum distributions from IRAs.

The QCD allows you to make charitable donations through direct transfers from your IRA to a nonprofit like NorCal Sheltie Rescue, Inc. to support causes you care about. The IRA transfer is excluded from your income, which is similar to a tax deduction but even better. Excluding the IRA income decreases your adjusted gross income. So you can get the best of both worlds — generosity and savings — all in one transaction with an IRA QCD.

If you have an IRA and your Required Minimum Distribution (RMD) increases every year, then gifts from your IRA can be a smart move if your RMD is increasing your taxable income. How do you minimize the tax? You may designate a part of your RMD or the total amount to a qualified charity. It will be tax-free if the amount is sent directly to the charity. It will not be tax-free if you receive the RMD and write a check to the charity. Talk with the Administrator or Custodian of your IRA to set this up.

Rainbow Bridge



Riqi

Loved by Ronette



Aiden

Loved by Nancy



Bella

Loved by Ted & Brian



Lady

Loved by Diane, Helen & family



Bailey

Loved by Sonia



Poppy

Loved by Lisa & Lou



Honey

Loved by Rosa & Daryl



Dilly

Loved by Janine & Ray



Jack

Loved by Lynette & family



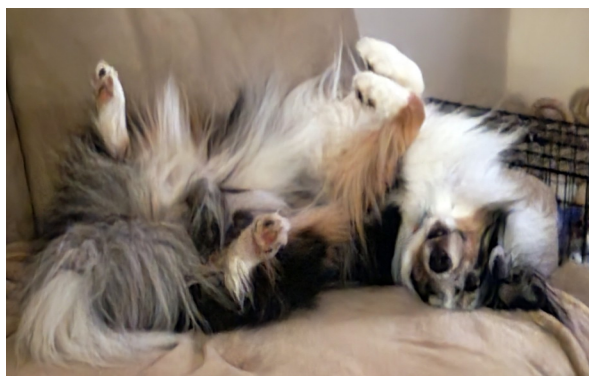
Tessa

Loved by Linda & Mick

Photo Gallery



Morgan watches Kathie



Jackson watches television



Aiden enjoys the water

NorCal Sheltie Rescue Board of Directors

Many of you already know our Board members and our Core Volunteer, Kathie, having met them in person or shared phone conversations, text messages, or emails. We thought you might like to see a photo of each, and of course we wanted to include at least one of our Shelties. Our contact information is on the front page, along with the photo of our founder and director Gale Ann Morris with her two Shelties. We are always looking for new volunteers, especially as we are developing our plans for the future of our organization. We greatly appreciate your support, whether it be in donating, fostering, transporting, helping with public events, or offering your assistance with many other Sheltie-related tasks.



Liliane Morin
NCSR Board Secretary



Kathie Goheen
NCSR Core Volunteer



Teresa Gary
NCSR Board President
Intake/Adoption Coordinator



Our Veterinarians

Below is a list of veterinarians and clinics around Northern California that our rescue team and foster homes have used to care for our Shelties. All are knowledgeable about the Sheltie and Collie breeds and some offer discounted rates for our 501c3 nonprofit organization. We are grateful for their many contributions to our mission and to each and every Sheltie in their care.

Acorn Veterinary Clinic, Davis

Adobe Animal Hospital, Los Altos

Auburn Animal Hospital, Bakersfield

Bayside Animal Hospital, Granite Bay

Blue Ravine Animal Hospital, Folsom

Brink Veterinary Clinic, Shingletown

Brighton Greens Veterinary Hospital, Grass Valley

Companion Animal Hospital, Santa Cruz

Devotion Animal Hospital, Santa Rosa

Franklin Ranch Pet Hospital, Elk Grove

Jackson Creek Veterinary Clinic, Jackson

McKinley Animal Care Center, McKinleyville

Muir Oaks Veterinary Hospital, Martinez

VCA Bradshaw Veterinary Clinic, Elk Grove

Yolo Veterinary Clinic, Woodland

NorCal Sheltie Rescue, Inc.

P.O. Box 581934

Elk Grove, CA 95758



first class mail

address correction and
forwarding requested